



Got FIB?

Fast, Irregular, heartBeats

Can you recognize the signs & symptoms of non-valvular atrial fibrillation (NVAF) in your patients?

Early detection and treatment is key to stroke risk reduction from nonvalvular atrial fibrillation. It is important that patients, family members, friends, and caregivers know these warning signs and seek early treatment.

The American College of Emergency Physicians (ACEP) led the development, with other healthcare providers and patient educators, of a new educational program designed to educate the public and healthcare providers on the important warning signs of NVAF.

The educational program, under the name **“Don’t Fib Yourself – This Could Kill You!”** provides vital information regarding NVAF disease awareness, recognition of signs and symptoms, risk factors for developing NVAF-related stroke, access to care and ways to manage the condition, and appropriate treatment to reduce the risk of stroke.



dontfibyourself.org

Additional information can be found on the project web site. The site includes educational resources, downloadable tools, and a stroke risk calculator.

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